

MILLAIS SCHOOL MULTI SPORT WITH WOODLAND ADVENTURES HOLIDAY CAMP ACTIVITY TIMETABLE

For information or to book call 0300 303 3866

WEEK COMMENCING 29 JULY 2019					
TIMINGS	MONDAY 29 JULY	TUESDAY 30 JULY	WEDNESDAY 31 JULY	THURSDAY 1 AUG	FRIDAY 2 AUG
8.00-9.00 am	Early Club, Bouncy Castle	Early Club, Bouncy Castle	Early Club, Bouncy Castle	Early Club, Bouncy Castle	Early Club, Bouncy Castle
9.00-9.30 am	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk
9.30-10.00 am	Fitness Games Warm Up	Tag Games Warm Up	Circle Games Warm Up	Colour Games Warm Up	Movies Games Warm Up
10.00-10.45 am	Athletics	NERF Target Games	Wacky Relay Races	Quidditch	Football Skills Classes
AND/OR	Aerobics	Tennis Skills Classes	Dance	Nerf Wars	Gladiator
Drink, Snack Brea	ak and Score Update				
11.00-11.45am	Kick Rounders	Dodge Ball Games	Bench Ball	Danish Longball	Penalty Shootout
AND/OR	Time Bomb	Target Making	Disc/Frisbee Golf	Human Hungry Hippos	Foot Golf
Drinks Break and	Score Update				
12.00-12.30pm	Sports Recap and Quiz		Sports Recap and Quiz		Sports Recap and Quiz
Lunch Break and Joke Competition					
1.15-1.45pm	Structured Free Time		Structured Free Time		Structured Free Time
Drink Break and Afternoon Introduction		Woods for Learning		Woods for Learning	
2.00-2.45pm	Capture The Flag	All afternoon we'll be in the	Wet n Wild Water Games	All afternoon we'll be in the	Gladiator Football
AND/OR	Basketball	woods with award winning,	Playground Games	woods with award winning,	Frisbee Soccer
Drink Break and Score Update		Woods for Learning, where we will be doing any of the		Woods for Learning, where we will be doing any of the	
3.00-3.45pm	Rugby Skills Class	following and more:	Wet n Wild Water Games	following and more:	Football Tournament
AND/OR	Arts and Crafts	shelter building, fire setting,	Arts and Crafts	shelter building, fire setting,	Arts and Crafts
Drink, Snack Break and Score Update		campfire cooking, tree climbing, navigation, rope work and cutting using axes,		campfire cooking, tree climbing, navigation, rope	
Quiz of the Day and Final Score Celebration				work and cutting using axes,	
4.15-5.00pm	Number Relays	knives, loppers and saws	Number Hockey	knives, loppers and saws	Kwik Cricket
5.00–6.00pm	Late Club, Bouncy Castle.	Late Club, Bouncy Castle.	Late Club, Bouncy Castle.	Late Club, Bouncy Castle.	Late Club, Bouncy Castle.