

SPORT4KIDS

Football Camp 2018



	Messi Monday	Teamwork Tuesday	Winger Wednesday	Tika-Taka Thursday	Free Kick Friday
8.00am - 9.00am	Early Club	Early Club	Early Club	Early Club	Early Club
9.00am - 9.30am	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk
9.30am - 10.00am	Warm Up Activity	Warm Up Activity	Warm Up Activity	Warm Up Activity	Warm Up Activity
10.00am - 10.45pm	Dribbling at Speed	1st time Passing	Crossing at Pace	Control/Balance	Set Piece Training
15 Minute Drink / Snack Break and Score Update					
11.00am - 11.45am	Skills on the Move	Counter Attacking	Using the Wings	Weak Foot Work	Penalty Shootout
15 Minute Drink / Snack Break and Score Update					
12.00pm - 12.30pm	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz
45 Minute Lunch Break and Joke Competition					
1.15pm - 1.45pm	Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time
15 Minutes Drink Break and Afternoon Introduction					
2.00pm - 2.45pm	Finesse Finishing	Volley Techniques	Challenge Day	Positioning Work	Tournament
15 Minute Drink / Snack Break and Score Update					
3.00pm - 3.45pm	Match Time	Match Time	Match Time	Match Time	Tournament
15 Minute Drink / Snack Break and Score Update					
Quiz of the Day and Final Score Celebrations					
4.15pm - 5.00pm	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket
5.00pm - 6.00pm	Late Club	Late Club	Late Club	Late Club	Late Club

Can you name these five football badges?

