



SPORT4KIDS

Sport4Kids Week 2 – Olympic Ring Colour – Yellow



Timings	Monday Madness	Tune-sday	Wet-nesday	Mad Hair Thursday	NERF Friday
8.00am - 9.00am	Early Club	Early Club	Early Club	Early Club	Early Club
9.00am - 9.30am	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk	Briefing and Safety Talk
9.30am - 10.00am	Warm Up Activity	Warm Up Activity	Warm Up Activity	Warm Up Activity	Warm Up Activity
10.00am - 10.45p	Handball	Scatterball	Dodgeball	Tag Rugby	NERF Activities
15 Minute Drink / Snack Break and Score Update					
11.00am - 11.45am	Benchball	Capture the Flag	Athletics	Volleyball	NERF Activities
15 Minute Drinks Break and Score Update					
12.00pm - 12.30pm	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz	Sports Recap and Quiz
45 Minute Lunch Break and Joke Competition					
1.15pm - 1.45pm	Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time	Structured Free Time
15 Minutes Drink Break and Afternoon Introduction					
2.00pm - 2.45pm	Tennis	Rounders	Water War!	Challenge Day	End of Week Party
15 Minute Drinks Break and Score Update					
3.00pm - 3.45pm	Hockey	Karaoke	Water Slide	Challenge Day	End of Week Party
15 Minute Drink / Snack Break and Score Update					
Quiz of the Day and Final Score Celebrations					
4.15pm - 5.00pm	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket	Disco Diamond Cricket
5.00pm – 6.00pm	Late Club	Late Club	Late Club	Late Club	Late Club

Can you name these
5 yellow flags?

