



13 th - 17 th Aug Timings	MOVE IT MONDAY	TARGET TUESDAY	WET WEDNESDAY	THEME DAY THURSDAY >Heroes vs Villains<	FORTNITE FRIDAY
8.00 - 9.00am	Early club	Early club	Early club	Early club	Early club
9.00 - 9.30am	Briefing and safety talk	Briefing and safety talk	Briefing and safety talk	Briefing and safety talk	Briefing and safety talk
9.30-10.00am	Lucky dip warm up games	Lucky dip warm up games	Lucky dip warm up games	Lucky dip warm up games	Lucky dip warm up games
10.00 -10.45am	Wake & Shake And/or Fitness Dodgeball	Time Bomb Tag Games	Scatterball	Heroes vs Villains Team Games	FORTNITE NERF: 5 Live Game
15 minute drink / Snack break and score update					
11.00 -11.45am	Strength Circuits	Opposite Hand Shooting Games	Speed Challenges	Hero Islands	FORTNITE NERF: Medic/Dr Dodgeball
15 minute drinks break and score update					
12.00 -12.30pm	Sports recap and Quiz	Sports recap and Quiz	Sports recap and Quiz	Sports recap and Quiz	Sports recap and Quiz
45 Minute Lunch Break and Joke Competition					
1.15 -1.45pm	Structured free time	Structured free time	Structured free time	Structured free time	Structured free time
15 Minutes Drink Break and Afternoon Introduction					
2.00 - 2.45pm	Mini Olympics	And/or Football Skills Kicking Zones	And/or Water Wipe Out Slip & Slide	'Captain America': Frisbee/Shield Soccer	FORTNITE NERF: Battle Royale
15 minute drinks break and score update					
3.00 - 3.45pm	Gymnastics Games	Target Relays	And/or Water Relays	'Fantastic 4' Way Benchball	Party Games Fortnite dance off
15 minute drink / Snack break and score update					
Quiz of the Day and Final Score Celebrations					
4.15 - 5.00pm	Kick Diamond Cricket	French Cricket	Disco Diamond Cricket	Greatest Showman Diamond Cricket	Kwik Cricket
5.00 - 6.00pm	Late club	Late club	Late club	Late club	Late club

Can you name these
5 Superheroes?

