

SPORT 4 KIDS

SUMMER ACTIVITY CAMP

5th -16th August 2019

WEEK 3-4	MOVE IT MONDAY	TARGET TUESDAY	WET & WILD WEDNESDAY	FUNKY SPORTS THURSDAY	FOOTBALL CHALLENGE FRIDAY
8.00-9.00	Early Club				
9.00-9.30	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk
9.30-10.00	FITNESS Warm Up Games	TAG Warm Up Games	CIRCLE Warm Up Games	COLOUR Warm Up Games	MUSICAL/DRAMA Warm Up Games
10.00-10.45	Bootcamp or Yoga	Curling/Bowling or Footgolf	Wet & Wild Water Games or Quidditch/Handball	Disc/Frisbee Golf or Disco Diamond Cricket	Monkey & Crab Football or NERF Challenges
Snack Break and Score Update					
11.00-11.45	Benchball or Scooter Relays	Tennis Targets Or Target Making	Wet & Wild Water Games or NERF WARS	Funky Sports Kids Choice or Wacky Races	Football Matches or Refereeing
Break					
12.00-12.30	Score Update & Quiz				
Lunch Break and Comedy Club					
13.15-13.45	Structured Free Time				
Break and Score Update					
14.00-14.45	Kids Choice Striking & Fielding Games	Outdoor Learning or Archery	Wild Obstacle Courses or Scooter Games	Playground Games or HAKA	Kick Rounders or Speed Challenges
Drinks Break and Score Update					
15.00-15.45	Dodgeball Games or Arts & Crafts	Orienteering or Arts & Crafts	Wild Talent Show or Arts & Crafts	Korfball or Team Building Games	Gaelic Football or Arts & Crafts
Afternoon Snack Break, Quiz of the Day and Final Scores					
16.30-17.00	Number Relays	Number Dodgeball	Party Games	Number Football	Children's Challenges
17.00-18.00	Late Club				

BOOK NOW at sport4kids.biz
or call 0300 303 3866