

SPORT 4 KIDS

SUMMER ACTIVITY CAMP

19th-30th August 2019

WEEK 5-6	MOVE IT MONDAY	TARGET TUESDAY	WET & WILD WEDNESDAY	FUNKY SPORTS THURSDAY	FOOTBALL CHALLENGE FRIDAY
8.00-9.00	Early Club				
9.00-9.30	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk	Welcome & Safety Talk
9.30-10.00	FITNESS Warm Up Games	TAG Warm Up Games	CIRCLE Warm Up Games	COLOUR Warm Up Games	MUSICAL/DRAMA Warm Up Games
10.00-10.45	Wacky Races or Dance Skills Class	NERF Games or Tag Rugby	Scooter Fun or Striking & Fielding games	Scooter Hockey or NERF WARS	Coaches vs Children Challenges
Snack Break and Score Update					
11.00-11.45	Orienteering or NERF Games	Tennis Targets or Quidditch/Handball	Bucketball or Team Building Games	Dodgeball Games or Ultimate Frisbee	Footgolf or Capture the Football Flag
Break					
12.00-12.30	Score Update & Quiz				
Lunch Break and Joke Competition					
13.15-13.45	Structured Free Time				
Break and Score Update					
14.00-14.45	Mini Olympics	Playground Games or Shooting Challenges	Wet & Wild Water Games or Uni-Hoc	Outdoor Learning or Balloon Games	Danish Longball or Minute to win it Challenges
Drinks Break and Score Update					
15.00-15.45	Benchball or Arts & Crafts	Cricket Skills Class or Arts & Crafts	Wet & Wild Water Games or Arts & Crafts	Funky Obstacle Courses or Arts & Crafts	Football Tournament or Arts & Crafts
Afternoon Snack Break, Quiz of the Day and Final Scores					
16.30-17.00	Number Football	Number Hockey	Number Dodgeball	Number Relays	Karaoke & Party Games
17.00-18.00	Late Club				

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or call 0300 303 3866