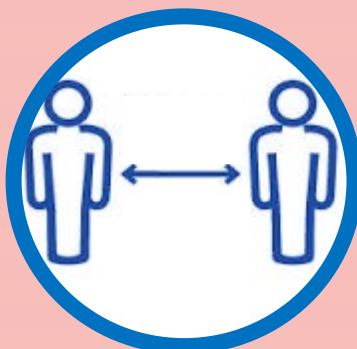


SAFE PRACTICE GUIDELINES



CONSTANT MONITORING.
IF SHOWING SYMPTOMS
PLEASE STAY HOME



MAKE FRIENDS
& HAVE FUN AT
A SAFE DISTANCE



NO HAND SHAKES,
HIGH FIVES OR
UNNECESSARY CONTACT



WASH HANDS OR
HAND SANITISE
AFTER ACTIVITIES



20 SECOND
HAND WASHING
CHALLENGES



CATCH COUGHS
& SNEEZES IN
TISSUE OR ELBOW



REGULARLY CLEAN
SURFACES AND
EQUIPMENT



COACHES TO USE
PPE FOR CLEANING
& MEDICAL CARE



ENJOY THE
OUTDOORS AS
MUCH AS POSSIBLE



We have been listening to parents and what is important to you. Our recent research studied parent views on which safety measures were important to you and which measures would increase confidence in sending your child to a camp.

- 90% would like anyone showing symptoms to be excluded or sent home
- 90% would like improved handwashing facilities
- 77% would like disinfecting spray on equipment
- 42% would like some form of social distancing to be used
- 7.5% wanted PPE and glove use

So we have been working hard and have put a lot of measures in place for you, your children and our coaches and we are ready! **S4K IS THE PLACE TO BE THIS SUMMER!**

BOOKING

- Booking is currently limited to 15 children per age group/bubble per day. Each venues booking capacity is dependent on the size of the venue and the facilities available.
- Bubbles and booking limits will be monitored and can be adjusted in line with Government Guidelines.
- Booking is open to anyone– not just children from the school and key worker children but there is a 10% discount for NHS and Emergency Service workers.
- As we are closely following government guidelines, we apologise that we can cancel at any time with little or no notice. Parents will receive a credit note for the number of days they have booked for a different day/week of the current camp or for a future camp.

PARENTS

- We will update you with information and of any changes prior to and during the camp start date. Changes may include the number of bubbles, the size of bubbles, any new measures we are taking and the location. Unfortunately this can also include cancellations so please keep checking emails and our website.
- Registration and pick ups will take place outside and no parents will enter the building
- We still ask that you wait 2 metres apart whilst queuing for drop offs and pick ups. Please ring the number on the front door if no Coach is present.
- We will ask you to sign a declaration form on your child's first day of camp to confirm that they or anyone in the household is not showing any symptoms of COVID-19. Please stay home if you or your child is showing any symptoms. We have the right to refuse entry.
- We recommend parents printing and filling out medical and other forms where possible to bring to the venue to reduce waiting time and sharing of pens etc. at the venue.
- S4K will have a clean and dirty pen pot at the sign in desk to reduce sharing and the spreading of germs

WHAT DO KIDS NEED TO BRING?

- NUT FREE Healthy lunch with 2 additional snacks
- A refillable water bottle (we recommend putting names on)
- Comfortable & suitable clothes & footwear for indoor and outdoor play
- A change of clothes and a towel for our Wet Wednesday Water Games, accidents and in cases of bad weather.
- Bring a jumper and coat for cold weather (maybe even wellies!) and a hat and sun cream for hot weather– where possible please apply sun cream before camp.
- Kids can bring their own water pistols and NERF guns if they wish (we recommend putting names on) - These should be handed to the Site Manager on arrival and will be cleaned before and after use.
- Bike trails/games will take place on the venue grounds (scooters can be brought in instead of bikes). For children to take part they **must** bring in their own bike and helmet and be competent cyclers. Where this is not possible, children will be given a different task/activity to engage in.
- Different bubbles will take part in Bike activities on different day so please check the activity timetable and email communication. Children will be told where to put their bikes on arrival.

ACTIVITY MEASURES

- Activity timetables have been re-designed to cater for bubbles of 2 or 3 dependent on the size of the space and facilities available, therefore activity timetables may differ between our S4K venues. Children will work in their own bubbles in their own areas away from other bubbles.
- All activities chosen are adaptable for indoor and outdoor play and any changes in government guidelines . We have done a lot in the schools to re-design sports and activities to respect social distancing and we have used that experience to re-write our timetables and lesson plans to respect as much as possible the two-metre rule.
- Our games will take place outdoors as much as possible, promoting exploration and outdoor learning.
- All activities are monitored by a S4K Coach and children are constantly reminded to keep their distance from other children but whilst continually promoting fun and giving children the best experience possible.
- Where possible children will have their own piece of equipment during chosen activities. Where this is not possible, we have limited interactions by children being in zones, 2 meters apart during games such as dodgeball.
- We are introducing a no tackling rule so that in games such as football and basketball so children are only allowed to intercept a pass at a safe distance from within their own zone/designated area.
- When waiting for their turn in obstacle or race style activities, markers will indicate where they need to wait/stand at a safe distance and obstacles will be floor based so that we reduce the amount of touching of equipment with our hands.
- We understand that there will be some children that may not like particular sports, however, all of our games are designed to cater for every age, ability and interest and coaches are trained to adjust accordingly. If for any reason they are still not engaged we will always give them something else to engage in. Rest assured there is something for everyone!
- We will be restricting other external hirers equipment, so we unfortunately will not have a bouncy castle

TEAMS/SCORING

- Our coloured team system and the announcing of our King and Queen of camp is a highlight of many children's day at camp. Due to our bubble system this will unfortunately not take place.
- However, Children will be awarded **SPEED** points during each activity for their individual behaviour (Sportsmanship, Progression, Enthusiasm, Engagement and Discipline as well as social distancing etc.)
- The Coach will announce who has the most SPEED points in their bubble after each activity and announce them as the SPEED Star winner. A Sticker will be cut out and given to the winner.
- Unfortunately, we will also not have our S4K Certificates this camp but will be sure to shower every child with praise throughout their days at camp.

SNACKS/LUNCHES

- Tables/Chairs to be set out 2 metres apart- If using large folding dinner tables- chairs to be labelled/ marked (masking tape) so children know where they can and cannot sit (2 metres apart)
- Where possible children will eat in different areas of the facility. Where this is not possible we will introduce staggered lunch times.
- Coaches will clean chairs and table surfaces after their bubble of children have eaten.
- Usual checking of lunch boxes by coaches will be done at a distance by asking children to open their lunch boxes and show them what they have/haven't eaten.

FIRST AID

- Coaches will wash hands before and after putting on PPE and performing First Aid
- Coaches will wear PPE- gloves, face masks, face shields and aprons whilst dealing with injuries and ill children when we have to be closer than 2 metres.
- First Aid to take place in designated medical area away from others.
- If children become ill on site, they will wait in the designated area and arranged to pick up as soon as possible. The areas will then be thoroughly cleaned.
- Coaches will monitor symptoms throughout the day of children and themselves! If children or coaches begin showing signs on site, they will be isolated at camp, sent home as soon as possible and not to return for the governments recommended isolation period with all symptoms cleared.

CLEANING & HYGIENE MEASURES

- Coaches and children must wash their hands on arrival and departure
- Parents are to use hand sanitiser upon sign in/signing any forms
- Equipment will be cleaned at the start of camp and then cleaned/wiped down with anti-bacterial spray or wipes after every activity.
- There will be signed buckets for children to place dirty equipment after their activity, this will then be cleaned before the next use and placed back in the original bag/bucket.
- Key contact areas are regularly cleaned throughout the day by a member of staff including door handles and doors, tables, chairs, pens etc.
- Each S4K Coach will have anti-bacterial spray, wipes and hand sanitiser to hand in their areas to ensure measures are being followed.
- Coaches and children are to wash their hands or hand sanitise before and after every activity
- Coaches and children are to wash their hands before and after every snack/food break
- Children reminded that if they need to cough or sneeze they should do so into a tissue or a bent elbow/arm. Coaches will ask children to wash their hands if they cough or sneeze into them and if they put their fingers in their mouth etc.
- Coaches to monitor hand washing and can ask children to wash them again if they feel they have not washed them adequately/long enough
- Coaches to set 20 second hand washing challenges
- Children are reminded not to touch their eyes, nose or mouth with dirty hands.

TOILET BREAKS

- Children will enter the toilets no more than 2 children at a time (unless the toilet is small and does not allow for children to distance).
- Where possible, children in different bubbles will use different toilets. Where this is not possible, children of different bubbles should use the toilets at different times and the site manager will regularly clean
- When waiting to use the toilet, children will wait in 2 metre intervals
- Where possible Children and Coaches are reminded to put the toilet lid down before flushing the toilet
- Coaches will remind children that we should be washing hands for 20seconds.