



Timings	26 TH JULY MOVE IT MONDAY	27 TH JULY TARGET TUESDAY	28 TH JULY WET & WILD WEDNESDAY	29 TH JULY TEAM-WORK THURSDAY	30 TH JULY OLYMPIAN FRIDAY
8.00-9.00am	Early Club- Includes Colouring & Activity Sheets, Free Play Sports stations, board games and more				
9.15am	Morning Welcome/Health & Safety Talk				
9.30-10am	WARM UP: Opening Olympic Ceremony/ Musical Games	WARM UP: Tag Games	WARM UP: Colour Games	WARM UP: Relay Races	WARM UP: Olympic Bootcamp
10- 10.45am	'SAWYERS' JUMPING PRACTICE	OLYMPIC THROWING PRACTICE	SPORTS DAY: KIDS CREATIONS	KIDS CHOICE GAMES	OLYMPICS: TRACK COMPETITIONS
10.45-11am	Morning Snack Break & Score Update				
11.00-11.45am	'BOLTS' SHORT DISTANCE RACES	OBSTACLE RACES	SPORTS DAY: COMPETITION TIME!	INTERNATIONAL GAMES	OLYMPICS: FIELD COMPETITIONS
12-12.30pm	REFLECT, SCORE UPDATE & SPORTS QUIZ	REFLECT, SCORE UPDATE & MINUTE TO WIN IT CHALLENGES	REFLECT, SCORE UPDATE & OLYMPIAN FOOD QUIZ	REFLECT, SCORE UPDATE & TEAM BUILDING CHALLENGE	REFLECT, SCORE UPDATE & TEAM OLYMPIC ALPHABET QUIZ
12.30-1.15pm	Lunch & Joke Club				
1.15-1.45pm	Structured Free Play				
2-2.45pm	BALL GAMES and/or CREATE: TEAM FLAGS	FOOTBALL: PENALTY SHOOTOUTS and/or 'MO'S' LONG DISTANCE RACES	WATER RELAYS and/or TUG OF WAR & EGG & SPOON RACES	HOCKEY TOURNAMENT and/or CREATE: DESIGN YOUR OWN OLYMPIC GAMES!	OLYMPICS: TARGET GAMES And/or CREATE: OLYMPIC CROWNS
2.45-3pm	Afternoon Snack Break				
3-3.45pm	STRIKING & FIELDING GAMES and/or S4K's ORIENTEERING or SCAVENGER HUNT	NERF & ARCHERY TARGET GAMES and/or 'MURRAY UP': TENNIS GAMES	WATER GAMES and/or CREATE: SPORTS DAY MEDALS	FOOTBALL TOURNAMENT or NETBALL or BASKETBALL TOURNAMENT	OLYMPICS: KIDS CHOICE TEAM EVENT
3.45-4pm	Sports Quiz of the Day				
4-5pm	PARTY GAMES: Scooter Board Fun	PARTY GAMES: Musical & Parachute Games	PARTY GAMES: Circle Games- Splat & more!	PARTY GAMES: Dance & Gymnastics Games	CLOSING OLYMPIC CEREMONY Dance/Musical Games & Celebrations
5-6pm	Late Club- Includes Colouring Sheets, Activity Sheets, Free Play Sports station, board games and more				

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