



Timings	9 th AUGUST MOVE IT MONDAY	10 th AUGUST TARGET TUESDAY	11 th AUGUST WET & WILD WEDNESDAY	12 th AUGUST TEAM-WORK THURSDAY	13 th AUGUST 'BEACH PARTY' FRIDAY!
8.00-9.00am	Early Club- Includes Colouring & Activity Sheets, Free Play Sports stations, board games and more				
9.15am	Morning Welcome/Health & Safety Talk				
9.30-10am	WARM UP: Beach Bootcamp	WARM UP: Under the Sea Yoga	WARM UP: Ocean Relay Races	WARM UP: Island Tag Games	WARM UP: Circle Games
10- 10.45am	KIDS CREATIONS: OBSTACLE COURSES	BAT & BALL GAMES	MR SANDMAN DODGEBALL	SCOOTER BALL GAMES	BEACH OLYMPICS!
10.45-11am	Morning Snack Break & Score Update				
11.00-11.45am	BEACH BASKETBALL/NETBALL	SHOOTING GAMES: Penalty Shootouts NERF & Soft Archery	SHARK ISLAND HOCKEY GAMES	KIDS CHOICE STRIKING & FIELDING GAMES	NERF PEARL SNATCH & TREASURE ISLAND NERF
12-12.30pm	REFLECT, SCORE UPDATE & OCEAN/BEACH ALPHABET QUIZ	REFLECT, SCORE UPDATE & GUESSING GAMES	REFLECT, SCORE UPDATE & WATER QUIZ	REFLECT, SCORE UPDATE & BALANCE CHALLENGES	REFLECT, SCORE UPDATE & DANCE OFF!
12.30-1.15pm	Lunch & Joke Club				
1.15-1.45pm	Structured Free Play				
2-2.45pm	SCATTERBALL and/or CREATE: BEACH CRAFTS	CREATE: TREASURE MAPS and/or DANISH LONGBALL	WATER DODGE/FIGHTS and/or PLAYGROUND GAMES	MOANA'S DODGEBALL TAG GAMES and/or HANDBALL	'BEACH' VOLLEYBALL/BEACHBALL GAMES and/or CREATE: BUBBLES
2.45-3pm	Afternoon Snack Break				
3-3.45pm	NUMBER FOOTBALL and/or WATER & SAND PLAY!	TREASURE HUNT and/or HUMAN HUNGRY HIPPOS	ULTIMATE FRISBEE GAMES and/or WATERBEADS	OCTOPUS TAG RUGBY GAMES and/or CREATE: KIDS CHOICE ART	CRAB FOOTBALL and/or 'WATER' TIMEBOMB & SPLAT!
3.45-4pm	S4K Sports Quiz of the Day				
4-5pm	PARTY GAMES: Circle & Parachute Games	PARTY GAMES: Scooterboard Fun	PARTY GAMES: Balloon Crafts & Balloon Games	PARTY GAMES: Musical Beach Chairs, Bumps, Statues & Parachute Games	PARTY GAME <i>Limbo & Beach Disco!</i>
5-6pm	Late Club- Includes Colouring Sheets, Activity Sheets, Free Play Sports station, board games and more				

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