



SPORT4KIDS



2 BUBBLE

ACTIVITY TIMETABLE

WEEKS 3-4

Timings	MOVE IT MONDAY	TARGET TUESDAY	WET & WILD WEDNESDAY	SUPER THURSDAY	CHALLENGE FRIDAY
8.00-9.00am	Early Club <i>Includes Arts & Crafts, Activity Sheets, Activkids stations and more</i>				
9.15am	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk
9.30-10am	WARM UP: Drama Games	WARM UP: Wacky Relay Races	WARM UP: Colour Zone Games	WARM UP: Superhero Games	WARM UP: Wake & Shake
10- 10.45am	BUBBLE 1: Fun Football Games or Matches BUBBLE 2: Mini Olympics	BUBBLE 1: Tennis Targets BUBBLE 2: Penalty Shootouts	BUBBLE 1: Water Relays BUBBLE 2: Cricket Skills	BUBBLE 1: Frisbee Golf BUBBLE 2: Danish Longball	BUBBLE 1: Kids Choice BUBBLE 2: Rugby Skills Challenges
10.45-11am	Morning Snack Break				
11.00-11.45am	BUBBLE 1: Mini Olympics BUBBLE 2: Basketball/Benchball	BUBBLE 1: Bike Trails/Games BUBBLE 2: NERF Targets	BUBBLE 1: Water Fun or Outdoor Art BUBBLE 2: Uni Hoc Games	BUBBLE 1: Kick Dodgeball BUBBLE 2: NERF FUN	BUBBLE 1: Scooter Challenges BUBBLE 2: Bike Trails & Games
12-12.30pm	Alphabet/Letter Quiz				
12.30-1.15pm	Lunch & Joke Club				
1.15-1.45pm	Structured Free Play				
2-2.45pm	BUBBLE 1: Scavenger Hunt or Orienteering BUBBLE 2: Fun Football Games or matches	BUBBLE 1: NERF Targets BUBBLE 2: Kick Dodgeball	BUBBLE 1: Cricket Skills BUBBLE 2: Water Relays	BUBBLE 1: NERF FUN BUBBLE 2: Frisbee Golf	BUBBLE 1: Rugby Skills Challenges BUBBLE 2: Scooter Challenges
2.45-3pm	Afternoon Snack Break				
3-3.45pm	BUBBLE 1: Basketball/Benchball BUBBLE 2: Scavenger Hunt & Soft Archery	BUBBLE 1: Penalty Shootouts BUBBLE 2: Tennis Targets	BUBBLE 1: Uni-Hoc Games BUBBLE 2: Water Fun or Outdoor Art	BUBBLE 1&2 (in own areas): Talent Show or Gymnastics Games	BUBBLE 1: Ball Challenges BUBBLE 2: Kids Choice
3.45-4pm	Sports Quiz of the Day				
4-5pm	PARTY GAMES <i>Can include Dance, Musical Games, Hula Hoop games, Balloon games, themed game & S4K Scooter Board Fun</i>				
5-6pm	Late Club <i>Includes Free Play Structured Stations including Arts & Crafts, activity sheets, Activkids Stations and more!</i>				

BUBBLE 1= 5-8year Olds. BUBBLE 2= 9-12year olds. Maximum of 15 children per bubble per day

All water games are weather dependent. We recommend children bring a towel and a change of clothes to take part in water games.

Children are able to bring in their own NERF guns but should have their names on and be handed to an S4K Coach at the beginning of the day.

For children to take part in the Bike trails & games within the camp grounds, they MUST bring in their own bike and helmets. Where this is not possible we will give them a different game or activity to engage in.

