



# SPORT4KIDS



2 BUBBLE

ACTIVITY TIMETABLE

WEEKS 5-6

Timings	MOVE IT MONDAY	TARGET TUESDAY	WET & WILD WEDNESDAY	SUPER THURSDAY	CHALLENGE FRIDAY
8.00-9.00am	<b>Early Club</b> <i>Includes Arts &amp; Crafts, Activity Sheets, Activkids stations and more</i>				
9.15am	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk	Morning Welcome/Health & Safety Talk
9.30-10am	<b>WARM UP: Wacky Relay Races</b>	<b>WARM UP: Superhero Games</b>	<b>WARM UP: Wake &amp; Shake</b>	<b>WARM UP: Drama Games</b>	<b>WARM UP: Colour Zone Games</b>
10- 10.45am	<b>BUBBLE 1: Uni Hoc Games</b> <b>BUBBLE 2: NERF Fun</b>	<b>BUBBLE 1: Foot Golf</b> <b>BUBBLE 2: NERF or Dodgeball Targets</b>	<b>BUBBLE 1: Kids Choice Striking &amp; Fielding Games</b> <b>BUBBLE 2: Basketball or Benchball</b>	<b>BUBBLE 1: Athletics</b> <b>BUBBLE 2: Water Relays</b>	<b>BUBBLE 1: NERF Challenges</b> <b>BUBBLE 2: Football Challenges</b>
10.45-11am	<b>Morning Snack Break</b>				
11.00-11.45am	<b>BUBBLE 1: Kids Choice Game</b> <b>BUBBLE 2: Scooter-board Fun</b>	<b>BUBBLE 1: Cricket Targets</b> <b>BUBBLE 2: Bike Trails/Games</b>	<b>BUBBLE 1: Basketball or Benchball</b> <b>BUBBLE 2: Water Fun or Outdoor Learning</b>	<b>BUBBLE 1: Bike Trails/Games</b> <b>BUBBLE 2: Athletics</b>	<b>BUBBLE 1: Bat &amp; Ball Challenges</b> <b>BUBBLE 2: Kids Game Creations</b>
12-12.30pm	<b>Alphabet/Letter Quiz</b>				
12.30-1.15pm	<b>Lunch &amp; Joke Club</b>				
1.15-1.45pm	<b>Structured Free Play</b>				
2-2.45pm	<b>BUBBLE 1: NERF Fun</b> <b>BUBBLE 2: Uni Hoc Games</b>	<b>BUBBLE 1: Target Making</b> <b>BUBBLE 2: Foot Golf</b>	<b>BUBBLE 1: Water Fun or Outdoor Learning</b> <b>BUBBLE 2: Kids Choice Striking &amp; Fielding Games</b>	<b>BUBBLE 1: Water Relays</b> <b>BUBBLE 2: Dodgeball Games</b>	<b>BUBBLE 1: Kids Game Creations</b> <b>BUBBLE 2: Bat &amp; Ball Challenges</b>
2.45-3pm	<b>Afternoon Snack Break</b>				
3-3.45pm	<b>BUBBLE 1: Scooter-board Fun</b> <b>BUBBLE 2: Kids Choice Game</b>	<b>BUBBLE 1: NERF or Dodgeball Targets</b> <b>BUBBLE 2: Cricket Targets</b>	<b>BUBBLE 1 &amp; 2: (in own areas)</b> <b>WILD Talent Show or Paper Creations</b>	<b>BUBBLE 1: Dodgeball Games</b> <b>BUBBLE 2: Danish Longball</b>	<b>BUBBLE 1: Football Challenges</b> <b>BUBBLE 2: NERF Challenges</b>
3.45-4pm	<b>Sports Quiz of the Day</b>				
4-5pm	<b>PARTY GAMES</b> <i>Can include Dance, Musical Games, Hula Hoop games, Balloon games, themed game &amp; S4K Scooter Board Fun</i>				
5-6pm	<b>Late Club</b> <i>Includes Free Play Structured Stations including Arts &amp; Crafts, activity sheets, Activkids Stations and more!</i>				

*BUBBLE 1= 5-8year Olds. BUBBLE 2= 9-12year olds. Maximum of 15 children per bubble per day*

*All water games are weather dependent. We recommend children bring a towel and a change of clothes to take part in water games.*

*Children are able to bring in their own NERF guns but should have their names on and be handed to an S4K Coach at the beginning of the day.*

**For children to take part in the Bike trails & games within the camp grounds, they MUST bring in their own bike and helmets. Where this is not possible we will give them a different game or activity to engage in.**

